



PLANNING AND PROVISION OF CARE SOLUTIONS

ABOUT OUR COMPANY

At Gain Healthcare we support young people with complex special needs and disabilities such as Autism (ASC) as well as social, emotional mental health (SEMH), behavioural, physical challenges or a combination of these. Most of clients are young adults in transition.

Our primary role is to provide supported housing with the added benefit of floating support. This allows the individual supported in a housing the hold a tenancy to. Our support is continuously evaluated to ensure that we are meeting our clients needs. We believe that support should be individually tailored and delivered in a variety of environments with a plan that encourages the development of communication, social and life skills as well as academic achievement.

Our support plans and services allows us to help young people to achieve positive outcomes within a safe environment, while simultaneously receiving high quality support within a home setting.

OUR HOMES

Our homes, available to young adults from the ages of 16 through to adulthood, vary in size with each one offering a safe, secure and homely environment designed to ensure that each individual in our care feels comfortable.

Together with our well trained staff, we are committed to helping our clients make a positive transition when they are able to move back home or teach them practical skills in preparation for independent living. Each resident's individual learning abilities, requirements and support plan is consistently monitored to ensure that support remains proactive, learning opportunities are maximised and every singular achievement is celebrated.

This approach is further supported by our in-house clinical teams, recognising each person we support as an individual and tailoring our care or support plans to meet specific needs from the point of admission and throughout their journey with us.

KEY AREAS OF SUPPORT

- Supported Housing
- Vulnerable adults with mental Health needs
- Substance and Alcohol Misuse
- Hospital discharge
- Learning Disabilities
- Complex Needs
- Challenging Behaviour
- Rehabilitation for all levels

DOMICILLARY CARE SERVICES

- Individual Support packages for Learning Disabilities
- Trained and Specialist Support Staff
- Support at home and within the community
- Delivering and Administration of medication

THERAPY SESSIONS

Gain Healthcare works with internal and external Psychologists to provide 1:1 sessions in Cognitive Behavioral Therapy (CBT) and Dialectical Behavior Therapy. Mainly with clients with ADHD and autism. CBT or DBT is administered in many different formats, and each therapist tailors sessions to a patient's individual needs. Each session's agenda provides a benchmark for identifying when the discussion is straying off course. Early sessions typically involve an introduction to CBT or DBT, the structure of sessions, and setting and refining therapy goals (making them specific, realistic, and actionable), as well as developing action plans for what the patient will do outside of the office.

THERAPY SESSIONS WE SUPPORT

- Cognitive behavioural therapies (CBT)
- Dialectic behaviour therapy (DBT)
- Psychodynamic therapies.
- Humanistic therapies.
- Other kinds of talking therapy.
- Support and information.

Offering highly specialised assessment, consultation, reflective practice superb and bespoke training. The team work directly with education resources and the practices needed. This ensures that we deliver the highest quality provision which maximizes each persons quality of life and personal achievements.

OUR STAFF

We ensure our staff are fully trained for any situation; therefore, they will receive an induction, followed by shadow shifts and regular supervisions. As they will be faced with challenging behaviour, they will be fully trained in Management of Actual or Potential Aggression (MAPA)- a de-escalation and physical intervention training course. We also provide the PBS – Positive Behaviour Support.

Our therapeutic model recognises that all the people we support are individual and our provision is tailored to meet their needs and wishes from the point of admission and throughout their journey with us.

Each service's designated team will reflect the needs of the children and young people that live and learn within the schools and or homes, however additional support can also be accessed from other specialists within the wider Clinical Team. This enables us to be responsive to any newly identified, time limited or changing needs of an individual throughout their placement with us.

Offering highly specialised assessment, consultation, reflective practice supervision and bespoke training, the Team work directly with education and other teams to develop a shared understanding of the client, the resources and the practices needed. This ensures that we deliver the highest quality provision which maximises each person's quality of life and personal achievements

OUR PURPOSE

Our aim is simple; to work with the vulnerable people entrusted to us, step-by-step, day-by-day, to help them achieve their potential. Our trained staff and care specialists work in tailored environments to help them make progressive, incremental improvements. We monitor the progress of each of our residents very carefully, making adjustments to their individual development plans as necessary. We take the lead in liaising with carers and families and involving the relevant agencies and authorities to build the appropriate care around the particular needs of those we look after.

“We deliver an integrated Support and Care service supported by therapy, which provides much stronger outcomes for the people in our care. Seeing progress and building incredible futures is what drives us. We deliver a bespoke service best suited to that individual.

Olinda Chapel - Director

GET IN TOUCH

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